



LOCKYER EQUESTRIAN GROUP Inc.

Newsletter - November 2009

Official Newsletter of LEG Inc.

2009 Committee

President: Erin Goetz 0422 578 835 **Vice President:** Emma Schulz 0408489322 **Secretary:** Aileen Elliot 07 5427 9369
Treasurer: Marcella Maycock 07 5464 2413 **Publicity:** Steve Ikin 07 3294 7651
Website: www.legs.org.au **Postal Address:** PO Box 49, Marburg Qld 4346

Well, the year is almost at a close once again. Time just seems to go faster and faster each year!

We have however reached the fun time of the year... Activities coming up in the next few months include:

- . Awards night and AGM. Tuesday November 17 starting at 7pm we will be presenting the awards for the year and holding the AGM. Location is the Marburg Hall, please bring along a plate for a cuppa and chat afterwards.
 - . The Riders Clinic on Saturday 21 or Sunday 22, November. There are still a few spare spots so get your nomination forms in quick!
 - . Christmas Lunch at Plainlands Hotel on Sunday 6 December 12pm. Please RSVP by Wednesday 2nd December.
- Hope to see you all out and about at these events and best wishes to all as we head in to the very busy festive season!
Safe riding, *Erin*
eringoetz@optusnet.com.au

MEMBERS - **FREE ADVERTISING!!!**

A new section on the LEGS website:
www.legs.org.au
*Free classifieds for all
current financial LEGS members.*

Do you have something to place in the newsletter?
Send details through to:
emma_schulz@bigpond.com
0408 489 322

Deadline 25th of the month prior to the new issue.
Post to:
PO Box 272
Lowood Qld 4311

NEWSLETTER EDITOR REQUIRED 2010

Anyone who may be interested in taking on this role next year, please contact either Emma or Erin.

PROPOSED COMPETITION DATES FOR 2010!

(Dates & Venues yet to be confirmed with Dressage Qld late 2009 & subject to approval)

"Autumn Classic"

April 10th & 11th

Gatton Indoor Equestrian Centre (TBC)

Offic/Assoc. Dressage & QISEA

May 22nd & 23rd

Gatton Showgrounds

Associate Dressage Competition

In conjunction with AWHA

June 19th & 20th

Gatton Showgrounds

2010 Brenda Wittmann Classic**

July 9th, 10th, 11th

Gatton Indoor Equestrian Centre

Members Only Club Championships

September

Laidley Showgrounds

Alongside our regular Members Only Competitions



AGM & Awards Night

Tuesday 17th November
7pm
Marburg Community Hall

Please bring a plate for Supper.



Riders Health and Fitness Weekend

November 21st & 22nd

**Small number of places
still available**

Further details available on the
website:
www.legs.org.au



Christmas Lunch Sunday 6th December

Plainlands Hotel
12:00 pm

RSVP 2nd December

Erin: 0422 578 835
eringoetz@optusnet.com.au

LEG inc. Club Wear

A range of Shirts, Jerseys, Caps and Bucket Hats are available sporting the LEG Logo and Colours. The ideal items to wear to all LEG Competitions in particular our popular Members Only days.

Order form can be downloaded from:
www.legs.org.au
Or Contact Emerleigh Embroidery
Email: jsgoetz@optusnet.com.au
Phone: Jon 0403 037 440

Helpers Vouchers

By helping out at any LEG Inc. event you can earn yourself \$5 Helper Vouchers.

This entitles you to entry fee discounts
at all LEG events.

For non-riding members you can use your voucher on discounted membership.

Contact the event organiser and offer your services!
Don't forget to pick up your voucher once you have completed your 'shift' at the events.

Annette Willson Clinic

Riders Health & Fitness Weekend - 21 and 22 November 2009

Coming from South Australia to Lockyer Equestrian Group is Annette Willson. Annette has worked as a physiotherapist for 25 years. She has a Masters Degree in Physiotherapy and is a Pilates trainer. She is also an equestrian competitor and instructor and author of "Applied Posture Riding". Applied posture riding is an educational exercise program based on the concept of Pilates. Pilates is core stability. Core stability gives a person deep abdominal strength and therefore better posture control and trunk stability. Horse riders NEED deep abdominal strength for riding.

Annette's program is all about teaching Pilates specific for horse riders and how to apply core stability in the saddle.

She will teach specific movement patterns needed for skilled riding and will also do a posture assessment on each rider.

The day will be broken into a morning session in the "classroom" (for all participants) and an afternoon session (in small groups) of individual riding assessments.

The program will benefit EVERY horse rider no matter what level you are already at.

Annette will be joined by Sports Motivational Speaker, Gary Lung and Bowen Therapist, Mimi Chiaravalle

For more information on Annette and/or her program have a look at her website. <http://www.applied-posture-riding.com/>

If you are interested in attending this clinic please contact:

Mandy Crack via email mandyCrack2@bigpond.com.au or phone 5426 8288.



Contact:

Michael Turner
07 5426 7801

Email: info@eldshedsandstables.com

www.eldshedsandstables.com



**Keep up to Date with all the latest
News & Information:**

Equestrian Australia
www.equestrian.org.au

Equestrian Queensland
www.qld.equestrian.org.au

Salute Magazine:
Dressage Queensland Newsletter
www.qld.equestrian.org.au

Select: Sports, Dressage and follow the link to the Salute Magazine page. You can sign up her for a subscription.

Dressage IT
www.dressageit.com

BRENDA WITTMANN COMMITTEE

Taking a break until 2010!

If you are interested in being a part of the 2010 Brenda Wittmann Classic Organising Committee please contact :

Erin Goetz: eringoetz@optusnet.com.au
Mobile: 0422 578 835

MARGARET DREW

EFA/NCAS Level 1 (Non-Jumping) Coach

Dressage based riding instruction
(Currently training as a Dressage Specialist)

Beginners to Elementary (Inclusive)

Your Horse or School Horse

Fully Fenced Sand Arena

Will travel within reason

Available Most Days

Margaret: 07 5464 4692

Mimi

Bowen Therapy is a dynamic remedial bodywork technique aimed at providing relief to an assortment of complaints including:

- Stress and tension
- Sporting injuries
- Lower & upper back pain
- Neck stiffness
- Headaches & migraines

Flexible hours. Gentle and effective treatments. Mobile service operating in the Gatton & Toowoomba areas.

Bowen Therapy
For Horse & Rider

0431 228 477
mimi.chiaravalle@gmail.com

Chiaravalle



PERFORMANCE HORSES

Dressage Training for
Horse & Rider

Andrew, Steffi & Sophie Stevens
21 Frohloffs Road, Coolana
07 54268524
E: courtland@westnet.com.au



PAULA PRICE

EFA Level 3
Dressage Specialist Coach

Clinics held regularly at Walloon
Contact: Brooke Graham
07 5464 5771
Email: brooke1.graham@hotmail.com

DRESSAGE TRAINING CLINICS AT "BLANCHVIEW FARM" & "RIVENDELL"

"Blanchview Farm" is now hosting dressage lessons with Sarah Honeywell. Sarah has arrived in Australia after 9 years training in Germany at prestigious centres such as Performance Sporthorse International (PSI), Stefan van Inlegem, & Olympic rider Anne van Olet.



Riders and Horses of all levels welcome.
Horse & Rider accommodation available.

If you would like to book a lesson please contact:

Connie Bookless: 0408 004 012 Email: bookless@bigpond.net.au

"BLANCHVIEW FARM"

511 BLANCHVIEW ROAD
BLANCHVIEW QLD 4352

"RIVENDELL"

34 COLLAROY ROAD
GUANABA QLD 4210

Casual STABLEHAND/FARMHAND

Wanted to care for young horses & dressage competition horses at "Blanchview Farm".
Average 21+ hours per week. Duties include feeding, grooming, mucking out, & light farming duties.
Drivers license essential, non-smoker.

Email bookless@bigpond.net.au or telephone Connie Bookless 0408004012.

RESULTS
Members Day
October 11th 2009
Laidley Showgrounds
Full results available from www.legs.org.au

Junior Prep 3

1.	Forestway New Dawning	Tess Gilligan	63.500%
2.	Swap	Belinda Warner	59.500%

Prep 3

1.	CWM Karen	Kath Williams	73.500%
2.	Creamy	Pip Pope	68.500%
3.	Roshar Reflect	Alex Jeffes	64.000%
4.	Buffer	Bec Cronin	62.500%
5.	CM Klarissa	Pip Pope	62.000%
6.	Reignbeau	Sonny Liyou	62.000%
7.	Alliance	Michelle Cormie	61.500%
8.	Shiloh	Ngaire Reilly	60.500%

Junior Preliminary 1b

1.	Sienna Liberty Valance	Ellie Watts	68.000%
2.	Angelica's Star	Belinda Warner	68.000%
3.	Beaumont Warrior	Kate Gilligan	61.600%
4.	Swap	Belinda Warner	60.000%
4.	Forestway New Dawning	Tess Gilligan	60.000%

Preliminary 1b

1.	Tis Murphy	Ellen Osmond	70.4000%
2.	Roshar Reflect	Alex Jeffes	66.4000%
3.	Ego Glide	Jayne Murphy	66.000%
4.	Donna Ramira	Claire Muller	65.400%
5.	Alliance	Michelle Cormier	65.200%
6.	Ebony	Michelle Dawson	64.400%
7.	Creamy	Pip Pope	64.000%
8.	Carsbrooke Sirocco	Sarah Fitton	62.000%

**HORSLAND
VOUCHER
DONATED BY
JENNY WILLIS
WON BY
PIP POPE**

Junior Novice 2b

1.	Sienna Liberty Valance	Ellie Watts	58.787%
2.	Angelica's Star	Belinda Warner	58.787%
3.	Beaumont Warrior	Kate Gilligan	56.969%

Novice 2b

1.	Carisbrooke Sirocco	Sarah Fitton	68.181%
2.	Donna Ramira	Claire Muller	63.939%
3.	Sundance Kid	Erica Flude	63.393%
4.	T.A. Guan Wei	Liz Jennings	62.420%
5.	Tis Murphy	Ellen Osmond	57.576%
6.	Ego Glide	Jayne Murphy	56.363%
7.	Morning Magic	Val Webb	54.848%
8.	Nerido Ebony Queen	Carlie Sheehy	53.030%

Elementary 3b

1.	Sinatra	Very Curry	55.825%
2.	Mighty Outrageous	Leane Williams	52.640%

Medium 4b

1.	Sinatra	Vera Curry	
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